

District 103 PTO Parent Education Team proudly presents:



“RECOGNIZING WHEN YOUR TWEEN/TEEN  
NEEDS HELP & WHAT YOU CAN DO AS A PARENT”

Wednesday October 3rd, 2018 from  
6:30 -7:30 pm at Daniel Wright Middle School

While suicide is a difficult topic, statistics show it is becoming a growing epidemic that impacts our youth.

- \* Suicide is the second leading cause of death for people ages 10-24 yrs.
- \* Middle school students are dying more by suicide than in car accidents.
- \* As parents, being able to identify the signs of depression & suicide is an important skill in helping our children and their peers.

This **1 Hour presentation** for parents by Jodie Segal, MSW, Director of Education at Elyssa's Mission® will cover:

- Important risk factors and warning signs for suicide.
- How parents can talk to their child about this often difficult topic, as well as where to find help when needed.
- A brief overview of the **SOS Signs of Suicide® Prevention Program** will further be provided. This prevention program is used by DWJHS staff to educate and screen our 6<sup>th</sup>-8<sup>th</sup> grade students.

**Elyssa's Mission®** provides resources to help prevent teen suicide. The community-based organization was founded in 2006 in honor of Elyssa, a bright, gifted and outgoing Chicagoland girl who bravely battled post-traumatic stress disorder and depression. Elyssa's Mission provides hands-on support to area public and private schools and community organizations in order to educate students, staff and parents on how to recognize and assist those teens most at-risk. Elyssa's Mission fully funds and implements the evidence-based SOS Signs of Suicide® Prevention Program in over 125 middle and high schools in Illinois. Learn more about our work at [www.elyssasmission.org](http://www.elyssasmission.org).



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